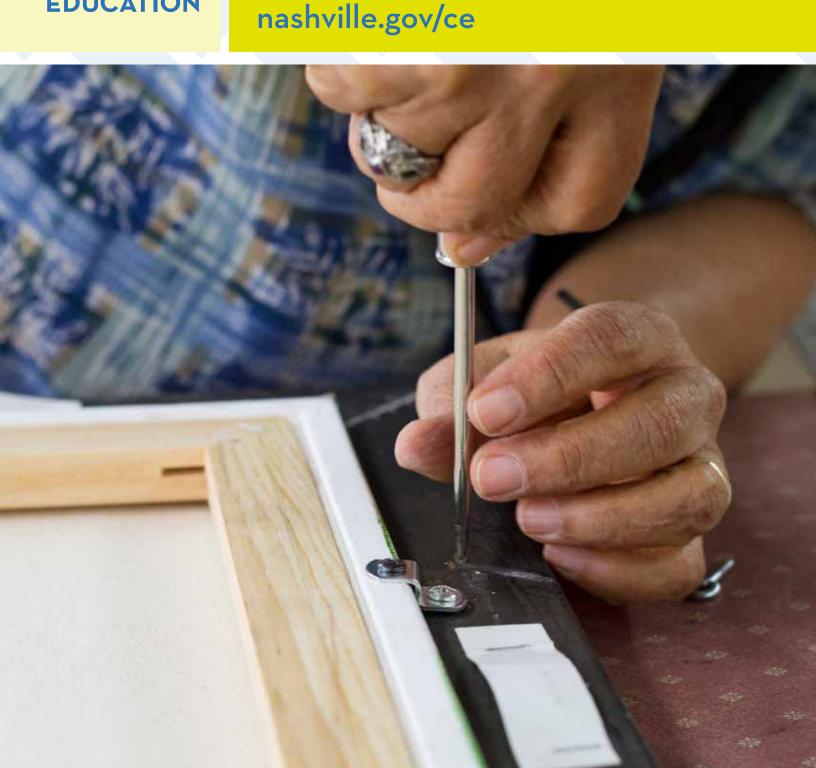


Enriching the diverse fabric of Nashville

SUMMER 2016 Class Catalog





Summer 2016

welcome!

There are many wonderful new classes this session, plus lots of returning favorites. We know summer is an eventful season, so we're offering plenty of shorter classes and one-time workshops to fit with any schedule.

I am a bit of a foodie, so I am looking forward to our cooking classes including a seasonal eating series with the Nashville Farmers' Market and our "Whole Wheat Bread Basics" workshop (p. 14).

After all that snacking I'll go burn some calories in our new "Beginning Running" class where we'll cover topics like training, stretching, and gear before the class heads out on a weekly jog (p. 10). Then I'll stimulate my mind and soul in "Meditation & Aromatherapy" or maybe "Self-Care: Cultivating a Morning Ritual" (p. 13).

No matter what classes you decide to take, NCE thanks you for helping us enrich the diverse fabric of Nashville.

Mary Beth Harding Executive Director

COMMUNITY EDUCATION

Office Hours: Monday-Thursday 10am-6pm (615) 298-8050 | cecinfo@nashville.gov

NCE is sponsored by the Metropolitan Nashville Community Education Commission. NCE is an Equal Opportunity Employer.

It's back! NCE Songwriting Series Learn more on Page 5



Register for all eight workshops (and save \$\$\$) or register for each topic/class individually.

New to Music City? This is a great, hands-on opportunity to learn more about the craft that helped our town earn it's nickname and distinct culture!

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nashville.gov/ce

Photography by Sam Angel

Providing personal and professional enrichment for adults in the Nashville Community

arts



arts

Creative Writing

\$30

The course emphasizes the discovery of imaginative writing abilities through creative and innovative activities. Exercises will include icebreakers, team building, power writing, progressive stories, writing prompts, peer review sessions, read aloud, and group discussion. The class will end with a collaborative publication, with a contribution from each student.

1361-CS16A May 31 – Jun 28 Tue 6:00pm - 7:30pm 5x Cohn 121 Elufiede

Online Self-Publishing

Learn about a variety of online book publishing sites and explore what each has to offer regarding ease of design, quality of product, cost, pitfalls, and additional services such as distribution. You will handle sample books from each site, and become comfortable with finding online publishers for your books, gaining knowledge about what to look for, terminology, and the right questions to ask. Ultimately, you will learn to save your time and money while creating a professional-looking book for distribution.

1728-CS16-A Jul 21 Thu 6:30pm - 8:00pm 1x Cohn 111 Wilbrink

Screenplay Confidential

\$100

This class teaches student about the real "Hollywood Screenplay," the one that most screenplay gurus don't teach. Students will receive a comprehensive, step-by-step guide on how to write the producible feature or television script. Instruction includes format, story structure, characters, dialogue, pitching and more!

1725-CS16A Jun 1 – Aug 3 Wed 6:30pm - 8:30pm 10x Cohn 112 Reichman

Short Stories

This course focuses on the components of short stories: setting, mood, character development, conflict, rising action and climax. Activities will include icebreakers, team-building, power-writing, progressive stories, prompts, peer reviews and group discussion.

1725-CS16-A Jun 6 – Jun 27 Mon 6:00pm - 8:00pm Cohn 205 Elufiede

Story Writing

\$30

This course is designed for those who would like to learn what skills are needed to write stories for pleasure and profit. Students will investigate literary principles that are basic to writing all forms of fiction with an emphasis on short stories and films.

1730-CS16A Jun 2 - Jul 7 Thu 6:00pm - 7:00pm 6x Cohn 205 Menchise

Time to Tell: Write Your Family History

Learn the benefits of saving you and your family's life stories. Learn how to access, save and share your life's legacy, the best gift you'll ever give. This educational, engaging presentation will help add value toy our life. Presentation includes audience participation, activities and handouts.

1727-CS16-A Jun 30 Thu 7:00pm - 8:00pm Cohn 121 Wilbrink

Voice Over Basics

\$50

We hear voice recording everyday on TV, radio, movies and more. But have you ever wanted to learn more about this production technique? This workshop focuses on professional voice overs. Students will learn the basics of how to do voice over work for audiobooks, media ads, and video games. Recording equipment is provided in class. During class, students must provide an email address to the instructor to receive their recordings and professional voice assessment.

1726-CS16-A Jun 21 Tue 6:00pm - 8:30pm Cohn 112 1x Shapero

\$20

Use Photos to Tell Your Story

Illustrate posters, ads, stories and all types of books with photos that YOU take! Students will learn how to use photos as illustration to catch interest and to tell their stories with deeper understanding. How to use photos in various types of writings including memoir, family history, newsletter, or blogs will be covered. Photo-taking tips for amateurs will also be included, however this is NOT a howto-use-a-camera course. Cross-listed in Create.

1140-CS16-A Jul 25 Mon 6:00pm - 7:00pm 1x Cohn 205 Wilbrink

Songwriting Series

\$160

This series will introduce students to the music business through weekly topics. Each student will have the opportunity to perform or share a recording of an original song and receive feedback from the group. Professional songwriters will be invited to present and deconstruct a "hit" song. Students will leave with new tools for their craft and maybe some co-writers! Students can register for the whole series (and save \$\$\$) or for each individual workshop.

Note: Students should bring writing materials and, if they play, a guitar. Students will receive weekly at-home assignments.

1900-CS16A May 31 – Jul 26 Tue 6:00pm - 7:30pm Cohn 109 Ragsdale

Songwriting: Where to Begin?

Students will focus on finding the tools needed to start the writing process including brainstorming, note-keeping and developing good, consistent habits. We'll discuss ways to build on ideas and generate effective titles. Mostly, we'll talk about finding your authentic writing voice — the voice that feels the most like you.

1901-CS16A May 31 Tue 6:00pm - 7:30pm Cohn 109 Ragsdale

Songwriting: Music, Lyrics, and Tempos

This class will focus on gaining an understanding of the language, rhyme, rhythm, and structure of songs. We'll discuss techniques for avoiding cliches and creating imaginative metaphors and similes. We'll also discuss perspective and tense, and ways to use repetition, both musically and lyrically.

1902-CS16A Jun 7 Tue 6:00pm - 7:30pm Cohn 109 1x Ragsdale

Songwriting: Co-Writing \$25

Bringing your ideas to another writer for the first time can be a daunting task, but have no fear! This class will address many aspects of co-writing and culminate in practical application exercises, pairing classmates as co-writers.

1903-CS16A Jun 14 Tue 6:00pm - 7:30pm Cohn 109 Ragsdale

Songwriting: Editing Your Lyrics \$25

While repetition can be catchy and effective, being overly verbose can lose the listener's attention. In this class, we'll look at editing lyrics for the most natural and clear delivery of ideas, placement of ideas in regard to verses, choruses, bridges and channels and getting rid of unnecessary words and syllables for optimal phrasing.

1904-CS16A Jun 21 Tue 6:00pm - 7:30pm Cohn 109

Ragsdale

Songwriting: Instrumentation & Presentation

Once you're happy with your lyrics, chord progression and song structure, you'll want to get a good demonstration recorded. This class will address production choices such as instrumentation and the overall feel you want to accomplish. What style of singing would best fit the song? Does it stand up to a simple guitar vocal or piano vocal? Or has it been built more for a duo or group? We'll look at how presentation can either support a song or drag it down.

1905-CS16A Jul 5 Tue 6:00pm - 7:30pm 1x Cohn 109 Ragsdale

Songwriting: The Music Business \$25

This class will touch on the music "business" end of things: publishing, contracts, pitch meetings, independent artists, publicity, promotion, royalties, mechanicals and monetizing your internet presence. We'll have a guest speaker from one of Nashville's Publishing Rights Organizations (BMI, ASCAP or SESAC), to explain the inner workings of the business, with a short question and answer period at the end of class.

1906-CS16A Jul 12 Tue 6:00pm - 7:30pm 1x Cohn 109 Ragsdale

Songwriting: The Art & Practice of Performing \$25

If you're a performing songwriter, you'll be excited to play your new creations in a live setting. This will be a workshop on getting comfortable on stage, hiring accompanists, introducing your song, rehearsals and accompanying other writers if you're playing a "round". We'll use this class as a rehearsal of sorts, for those who want to present their new songs at NCE Writers' Night.

1907-CS16A Jul 19 Tue 6:00pm - 7:30pm Cohn 109 Ragsdale

Songwriting: NCE Writers' Night

\$25

We'll set up a mini songwriter's club for a live performance of the students' work. Writers who would like to perform can invite an accompanist and their friends, for whom we'll have seating and refreshments available. This will be a fun celebration!

1908-CS16A Jul 26 Tue 6:00pm - 7:30pm Cohn 109 Ragsdale

career



create



Interviewing Skills: Rock The Red Carpet \$35

Is your favorite part of the Oscars watching the red carpet preshow? Join award-winning, nationally syndicated radio personality and red carpet host, Sam Alex, as he shares tips for interviewing the stars. Topics covered include fashion, preparation, video and social media. Perfect for current or aspiring journalists and behindthe-scenes professionals who want to help clients with interviews!

1280-CS16-A Jun 6 – Jun 27 Mon 6:00pm - 7:00pm Cohn 112

The Power of Persuasion: Acting for Askers

An "asker" is anyone in a position to ask for something, a situation everyone encounters: requesting a raise in pay, a charitable donation or simply asking for help. No matter the career, connecting with clients, coworkers, and prospects to maximize the potential of every meeting and negotiation is critical. Students will learn how to listen and communicate effectively and become more relaxed, present and persuasive by applying classic theater techniques. We will explore the similarities between the actor and asker, learning how to apply basic acting principles to our daily work and "big asks" - whatever forms they take. No acting experience required.

1279-CS16A Jun 6 – Aug 1 Mon 6:30pm - 7:45pm 8x Cohn 109 Hohlbein

Public Speaking

Public speaking is considered to be the number one fear in America. This class will focus on overcoming the fear in a very casual environment, covering speaking techniques, body language, tone, and exercises used to practice effective speaking. Public speaking is a great skill. Anyone wanting to improve their public speaking skills are welcome to attend.

1252-CS16A Jun 1 – Jul 6 Wed 6:00pm - 7:30pm 6x Cohn 121 Gummi

Empowerment Seminar \$35

This empowerment seminar is designed to enhance leadership skills and improve personal character development. Individuals are able to learn strategies on how to be an effective leader, identify personal areas of strengths/weaknesses and develop a plan of action to enrich both areas. Strategies and goal setting techniques will be provided to develop a plan of action for personal accountability. A follow up course will be made available to review how plan of action has been implemented.

1256-CS16A Jun 28 Tue 6:00pm - 7:00pm 1x Cohn 111 McCord

Digital Entrepreneur I

Are you looking for ways to travel and get paid while living the life of your dreams? Digital Nomads are able to work from anywhere in the world for corporations, themselves, or as a freelancer. Discover how you can make a living and unplug from "tradition" while living your best life. You will learn what it takes to become a digital entrepreneur, how to get started, skills and tools needed, job opportunities, and how to develop a plan of action.

1264-CS16A Jun 7 Tue 6:00pm - 8:00pm 1x Cohn 111 Jones 1264-CS16B Jul 12 Tue 6:00pm - 8:00pm Cohn 121 1x lones

Digital Entrepreneur II

Don't get tied to working in one location when there is a coffee shop calling your name! If you have already taken Digital Entrepreneur I in the past and you want to put what you have learned into action, this class is for you. This course will help you brainstorm business ideas, define or realize your expertise, create an action plan for starting a digital business, and think about strategies for turning your passion into purpose and getting paid.

1295-CS16A Jun 14 Tue 6:00pm - 8:00pm 1x Cohn 111 Jones 1295-CS16B Jul 19 Tue 6:00pm - 8:00pm 1x Cohn 121 Jones

Personal Branding for Career Success

Effective personal branding is necessary for a successful career. Can you define your personal brand? Are you prepared to talk about your brand with industry leaders who can make a difference in your career? If you answered "no," then this workshop is for you! Students will discuss the 3 P's of brand development: Preparation. Packaging and Presentation.

1296-CS16A May 31 - Jun 7 Tue 7:00pm - 8:00pm Cohn 119 Bumgarner 2x

NEW! Time Management Skills

In this class students will learn the skills to manage their time more efficiently, making them better (and happier!) employees. Students will learn how to set goals, prioritize their time, plan wisely, tackle procrastination, organize, delegate and more! This class is perfect for those who are stressed out at their current job, or looking to start a new career with new habits.

1290-CS16A Jul 12 - Aug 2 Tue 6:00pm - 7:30pm Δx Cohn 112 Carpenter

Beginning Quilting

\$50

\$50

Learn the basic steps involved to create a simple quilt. Instruction will cover fabric choices, rotary cutting, piecing and quilting for beginning quilters. Sewing experience is not required. Each person will work at their own pace. Students will be provided a list of supplies needed to bring to the class. A limited number of sewing machines are available for use but students are encouraged to bring their own machine if possible.

2109-CS16A Jun 3 – Aug 5 Fri 10:00am - 12:00pm 10x Cohn 119 Moore

T-Shirt Quilting

Do you have a stack of your favorite cotton t-shirts that you just can't bring yourself to discard? Well, now you don't have to! Join us in this creative, hands-on class where you will learn how to cut, layout, design, and assemble your personal customized t-shirt quilt. Participants will be responsible for most supplies including their own "laundered" t-shirts.

Note: Sewing knowledge is required. Participants are encouraged to bring their own sewing machines.

1140-CS16A May 31 – Jul 19 Tue 10:00am - 12:00pm Cohn 119 Cole

Beyond Beginning Sewing

This class is for the student that has a working knowledge of sewing, but still needs guidance. Student will work at their own pace completing individual projects. Student should bring their own sewing machine. This class is not appropriate for beginners.

1343-CS16A Jun 2 – Aug 4 Thu 6:00pm - 8:30pm 10x Cohn 119 Dauenhauer

Ceramics

An introduction to working with clay. Learn hand-building techniques and how to pour, prep, decorate, and glaze a choice of hundreds of ceramic molds. Students will decorate their own ceramic designs. then fire them to use as beautiful everyday objects around the house or office.

Note: Students are required to pay a \$25 supply fee to the instructor.

2104-CS16A Jun 1 – Aug 3 Wed 9:00am - 11:00am 10x Cohn Pottery Lusty

enrollment is open all session! register anytime online!

Pottery by Hand and Wheel

Have you ever wanted to master the art of pottery? In this class you will use your hands to mold and manipulate wet clay. Thisx will teach sculpting, technique, and a variety of shapes and tools. You will walk away with a bowl, cup, or other small vessel that you can

Note: Students are required to pay \$25 supply fee to instructor.

1106-CS16A Jun 1 – Aug 3 Wed 5:45pm - 8:45pm 10x Cohn Pottery Lusty

Oil Painting

\$25

\$20

Are you new to painting? Do you want to develop new techniques

to bring to your canvas? In this class, students will explore and experiment with new oils for landscapes, still life, and much more.

Note: Students are required to purchase their own materials.

2101-CS16A Jun 6 – Aug 1 Mon 9:00am - 11:00am 10x Cohn 102 Nidiffer 2101-CS16B Jun 6 - Aug 1 Mon 12:00pm - 2:00pm 10x Cohn 102 Nidiffer 2101-CS16C Jun 7 - Aug 2 Tue 6:00pm - 8:00pm Cohn 102 Nidiffer

Picture Framing

\$89

\$20

In this class students will learn how to create their own custom frames. Never pay for this customized piece of art again. Learn materials selection, mat cutting, and framing methods for decor and gifts. Students should bring artwork to be framed (photos, paintings, needlework, etc...) to their first class. This class is intended for educational purposes only; this is not an open studio for frame production and resale.

Note: Students are required to pay additional supply fee to the instructor.

2102-CS16A Jun 6 – Aug 1 Mon 9:00am - 11:00am 10x Cohn 102 Nidiffer 2102-CS16B Jun 6 - Aug 1 Mon 12:00pm - 2:00pm 10x Cohn 102 Nidiffer 2102-CS16C Jun 7 - Aug 2 Tue 6:00pm - 8:00pm 10x Cohn 102 Nidiffer

6

create



finance

Recycled Book Art

\$15

Learn the technique of altering books to turn them into a work of art. The finished product is truly a piece of mixed media art. We will use acrylic paints of all kinds...metallic, glitter and shiny. Save your favorite magazine pictures, picture post cards or special papers and bring to class along with any trinkets you have put away for embellishments. The theme of your altered book can be anything you wish: from holidays such as Halloween, Thanksgiving or Christmas to themes about love, courage or gardens. You choose your area of interest. You can find free books in the outside bins at McKay's just waiting to be turned into works of art.

Note: Contact cecinfo@nashville.gov for a list of supplies before the first class.

1120-CS16A Jun 6 – Jun 27

Cohn 102

Mon 6:00pm - 8:30pm

Kornman

Use Photos to Tell Your Story

Illustrate posters, ads, stories and all types of books with photos that YOU take! Students will learn how to use photos as illustration to catch interest and to tell their stories with deeper understanding. How to use photos in various types of writings including memoir, family history, newsletter, or blogs will be covered. Photo-taking tips for amateurs will also be included, however this is NOT a howto-use-a-camera course. Cross-listed in Arts.

1140-CS16-A Jul 25 Mon 6:00pm - 7:00pm Wilbrink

Cohn 205

Buyer's Path to Purchasing a Home

\$10

Six Steps to Managing Your Money

With the real estate market changing so much over the past 5 years, this course will help you learn an updated step-by-step procedure for purchasing a home. Learn everything you need to know to buy a home from time of contract to the day you close and move in. Learn why you need a realtor and the advantages to buying a home instead of renting. Take this class to learn everything you need to know before purchasing a home.

1303-CS16A Jun 22 Wed 6:00pm - 7:30pm Cohn 109 DeMartino

1303-CS16B Jul 25 Mon 6:00pm - 7:30pm Cohn 121 DeMartino

this presentation, students will learn how to manage their money with purpose and intention. Instruction will cover what keeps people broke, a detailed 6-step process to manage your money, and how to develop steps for a positive financial future. On the second night of class students will get hands-on experience creating a customized budget. By the end of class students will develop a budget plan and feel empowered to accomplish their financial goals.

Are you, like 76% of Americans, living paycheck-to-paycheck? In

1300-CS16A Jul 13 – Jul 20

Wed 7:00pm - 8:30pm

Cohn 121 Grady

Find us online!

enrollment is open all session! register anytime online!

Learn more about upcoming events, our new logo, office happenings and much more on our blog:

nashvillecec.wordpress.com

Email us suggestions for student or instructor highlights:

cecinfo@nashville.gov

Make sure you follow us on Facebook, Twitter and Instagram. Tag us in photos and statuses. Use #goNCE to let us know you're loving your class!

register early!

(Classes can be cancelled for low enrollment.)

nashville.gov/ce

fitness



language

Badminton

Learn the coordination, timing, flexibility, agility, and balance required to play the game of badminton. Learn badminton techniques and strategies to build skills, and meet regularly with a group of players.

2401-CS16A Jun 6 – Aug 29 Mon 9:30am - 11:30am 12x Cohn Alternate Gym Freeman 2401-CS16B May 31 - Aug 16 Tues 6:00 - 8:00pm 12x Cohn Alternate Gym Freeman

Beginning Running

New to running or interested in starting? Nervous about joining a running club or signing up for a race? Then this is the class for you! This running program is suited for any level and ability. Each week students will meet to learn about training, injury prevention, equipment, nutrition, form, stretching, entering races and much more. Then they'll head outdoors and run together for approximately 20-30 minutes of class. Students should bring their own water bottle and come dressed to run!

1450-CS16-A Jun 6 – Jul 25 Mon 6:00pm - 7:00pm Cohn 121 Stowers

Your Total Health Makeover

In this class students will learn how to take control of their fitness and nutrition choices. Participants will discover their key motivators for success as well as information about proper exercise and nutrition. During the course students will set clear, achievable goals and learn how to navigate obstacles to good health. Students will leave with a blueprint of customized goals, feeling comfortable and confident in their plans to form, healthy, lifelong habits.

1421-CS16A Jun 1 – Jul 6 Wed 7:00pm - 8:00pm 6x Cohn 205 Holley

Beginning Fencing

In this course, students learn basic movements and tactics: footwork, distance, attack, parry-riposte, attacks on blade, and taking the blade. Please wear comfortable clothes and shoes. All equipment is provided

Note: Registration fee includes supplies

1403-CS16A Jun 6 – Aug 1 Mon 5:30pm - 6:30pm Cohn Main Gym Casson

Intermediate Fencing

\$40

This class provides students with technique sessions to develop higher skills in fencing. Students must bring their own equipment.

Note: Students are required to bring their own equipment

1404-CS16A Jun 6 - Aug 29 Mon 5:30pm – 7:30pm 12x Cohn Gym Moore

Advanced Fencing

\$40

This course teaches advanced technique and preparation for tournament competition for students who have completed Skill Building. NOTE: Students must bring their own equipment

Note: Students are required to provide their own supplies.

1405-CS16A Jun 1 – Aug 17 Wed 5:30pm - 7:30pm 12x Cohn Alternate Gym Casson

Kung Fu & Self-Defense

\$35

This Chinese martial arts class contains traditional training methods that benefit mind and body. Conditioning drills develop speed, power, flexibility, and balance. Students learn kung fu forms and techniques that increase overall well-being and self-defense skills. This class has a focus on hard work, health, and humility.

1715-CS16A Jul 7 – Jul 28 Thu 7:00pm - 8:00pm Cohn Alternate Gym Whitsett

Tai Chi

Originally developed for self-defense, tai chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements (Mayo Clinic). With regular practice and in a relatively short period of time, this series will help you acquire better health and wellness, internal energy, and the ability to manage stress. The class will also include gentle, Chinese exercises that benefit health and overall well-being.

1438-CS16A Jul 7 – Jul 28 Thu 6:00pm - 7:00pm Cohn Alternate Gvm Whitsett

Italian I

This course offers a full language arts based program with a focus on pronunciation and conversation. This course is designed for adults just starting Italian or reviving their basic language skills whether for leisure or business. Each unit will incorporate activities that will promote listening comprehension, speaking, reading, and writing through grammar, vocabulary, and dialogues.

Note: Students are required to purchase Living Language Italian Complete Set.

1602-CS16A Jun 2 – Jul 7 Thu 6:00pm - 7:30pm Cohn 112 Spradlin

Italian III

In this third part of our Italian series, students will build on the language basics they learned in parts one and two with activities to expand vocabulary and a special focus on conversation.

Note: Students are required to purchase Living Language Italian Complete Set.

1621-CS16A May 31 - Jul 5 Tue 6:00pm - 7:30pm Cohn 205 Spradlin

Spanish I

\$50

This beginning class provides an introduction to the Spanish language, culture, and food. Learn the first steps in speaking Spanish: pronunciation, vocabulary, and present tense grammar. Vocabulary will cover greetings, times, numbers, and more.

Note: Students are required to purchase *Living Language Spanish* Complete Set.

1604-CS16A Jun 9 – Jul 14 Thu 6:00pm - 8:00pm Cohn 109 Gonzalez

Spanish V

In Spanish V students will continue to build their conversational skills through guided exercises. Instruction will focus on practical speaking skills applied through peer exercises, prompts, and

Note: Students are required to purchase Living Language Spanish Complete Set.

1627-CS16A May 31 - Jun 28 Tue 6:00pm - 8:00pm Cohn 112 **Urbina-King**

register early!

(Classes can be cancelled for low enrollment.)

nashville.gov/ce

10 Nashville Community Education | Summer 2016

11

legal



life

Consumer Bankruptcy

Fre

Learn from an experienced bankruptcy lawyer: the kinds of bankruptcy, who qualifies for them, what bankruptcy can and cannot do, bankruptcy steps, and tips on choosing a bankruptcy lawyer.

 1319-CS16A
 Jun 23
 Thu 6:00pm - 7:00pm

 1x
 Cohn 121
 Chessman

 1319-CS16B
 Jul 21
 Thu 6:00pm - 7:00pm

 1x
 Cohn 121
 Chessman

Copyright Law

Free

Are you a musician or a writer? This class provides basic information on what copyright means, when you need to protect your work and how long the copyright will last.

 1393-CS16A
 Jun 29
 Wed 6:30pm - 7:30pm

 1x
 Cohn 109
 Braun

 1393-CS16B
 Jul 28
 Thu 6:30pm - 7:30pm

 1x
 Cohn 121
 Braun

Estate Planning I

Free

This class provides an introduction to basic estate planning. Information is provided about different types of legal instruments including Living Wills, Powers of Attorney for Health Care, and Durable Powers of Attorney. You will learn why these instruments are important and how they work.

 1351-CS16A
 Jun 9
 Thu 6:00pm - 7:30pm

 1x
 Cohn 121
 Johnson

Estate Planning II

12

Free

This class builds upon Basic Estate Planning I. Information is provided about legal instruments including Wills and Trusts as well as an overview of the probate process. You will learn the differences between Wills and a Trusts and how they both work.

1370-CS16A Jun 16 Thu 6:00pm – 7:30pm 1x Cohn 121 Johnson

Your Rights with the Police

Free

This information session by the Office of the Public Defender offers an overview of the constitutional rights people have when dealing with the police.

 1357-CS16A
 Jul 5
 Tue 6:00pm - 7:00pm

 1x
 Cohn 112
 Allensworth

 1357-CS16B
 Jul 27
 Wed 6:00pm - 7:00pm

 1x
 Cohn 109
 Allensworth

please note:

NCE does not offer legal advice. These classes are intended for general information only, not individual legal advice.

NEW!

Basic Floral Design

looking bouquets for home or gifts!

\$60

Humble Flowers is a small organic flower farm located in the Scottsboro-Bells Bend community just 15 minutes northwest of Nashville. As farmers and florists, they grow over 70 varieties of Dur flowers and specialize in floral design and arranging. In this class you will learn the foundations of making beautiful hand-tied bouquets using flowers freshly cut from their farm. Kate and Tyler will share the tricks they have learned for color composition, creating well balanced bouquets and extending vase life, while answering any questions about the home flower garden. Each student will take home their own bouquet along with the skills to achieve effortless

Note: Locally and organically grown flowers and other materials provided.

 1928-CS16A
 Jun 29
 Wed 6:00pm - 8:00pm

 1x
 Cohn 119
 Humble Flowers

NEW!

Self-Care: Cultivating a Morning Ritual \$65

In today's busy world we often forget to take care of our biggest resource: ourselves! Students will learn to use simple, yet profound, techniques to create a compassionate self-care practice. Instruction will include calming breathing techniques, meditation, basic Ayurveda (yoga science) and visualization techniques to begin your days in a positive state.

 1515-CS16A
 Jun 1
 Wed 6:00pm - 8:00pm

 1x
 Cohn 119
 Campbell-Overbeeke

Life Reimagined by AARP

Fre

If you are 30 or older, redesign your image! Learn how to navigate the next phases of your life by exploring what you really want to do and how to get there. Create a new mindset by evaluating strengths and opportunities to help move you forward.

1914-CS16A Jun 27 Mon 1:00pm - 3:00pm Cohn 112 Walker 1x 1914-CS16B Jul 27 Tue 6:00pm - 8:00pm 1x Cohn 121 Walker 1914-CS16C Aug 4 Thu 6:00pm - 8:00pm Cohn 205 Walker

NEW!

Meditation & Aromatherapy

\$30

\$10

In the first part of this workshop students will learn about the benefits of meditation while also participating in a guided practice. During the second half of class, students will learn the basics of aromatherapy including the uses and proper applications of essential oils. Students will leave class with their own oil blend!

Note: Supplies included in the class fee.

 1516-CS16A
 Jun 15
 Wed 6:00pm - 8:00pm

 1x
 Cohn 119
 Costantino

 1516-CS16B
 Jul 14
 Thu 6:00pm - 8:00pm

 1x
 Cohn 121
 Costantino

NEW!

Emotional Intelligence: A Better You

Participants will be introduced to the four pillars of emotional intelligence: self-awareness, self-management, social awareness, and relationship management. Daniel Goleman's five components of emotional intelligence will be discussed. Students will take a self-scoring emotional intelligence test to assess their responses to everyday personal and social interactions and challenges. Participants will gain knowledge and understanding of various aspects of their emotional intelligence to foster growth and positive change.

1520-CS16A Jul 14 - Aug 4 Thurs 6:00pm - 7:30pm 4x Porter

Upholstery

\$99

Bring in that chair or ottoman and let Ms. Mamie Hammonds of Hammonds Upholstery and Designs show you how to strip it down, measure and replace fabric and make your item new again.

Note: Students should contact the NCE office for the class supply list

 1507-CS16A
 Jun 6 - Aug 1
 Mon 6:00pm - 8:00pm

 8x
 Cohn Woodshop
 Hammonds

life



technology

Nashville Farmers' Market Series

Join the Nashville Farmers' Market to learn how to use fresh, local ingredients during their growing season to make a delicious meal. Each class will feature in-season produce, the farmers who grew it, and an instructor who will prepare a wholesome meal using ingredients you just learned about! Recipes, tips about cooking seasonally, produce and a tasting are included in the fee. Leave class with the confidence to buy your own ingredients at the market for a tasty, seasonal meal! Register for all three classes and save \$\$\$ or register for individual workshops.

Note: All offerings take place at the Nashville Farmers' Market Grow Local Kitchen and will feature produce that is in season that month.

Seasonal Cooking Series \$120 **1921-CS16A** Jun 1 – Aug 3 Wed 6:00pm - 7:00pm Grow Local Kitchen NFM **May/June Produce** \$50 **1922-CS16A** Jun 1 Wed 6:00pm - 7:00pm **Grow Local Kitchen** NFM June/July Produce \$50 **1922-CS16B** Jul 6 Wed 6:00pm - 7:00pm Grow Local Kitchen **July/August Produce** \$50 **1922-CS16C** Aug 3 Wed 6:00pm - 7:00pm Grow Local Kitchen

Whole Wheat Bread Basics

Participants will learn the process of turning a wheat berry into a delicious bread product! Instruction will include: wheat grinding, ingredient basics, kneading principles, and baking options. Recipes and techniques for bread bowls, rolls, pizza dough, and hamburger buns will be discussed and demonstrated. Loaf troubleshooting techniques will also be reviewed. The class will include bread samples and a portion of freshly ground whole-wheat flour for home use.

Note: All materials will be provided.

Wed 6:00pm - 8:00pm Cohn 119 Kesler

Cook Once & Eat all Week

\$20

Planning and preparing meals in advance allows you to save money and spend less time in the kitchen. You will be amazed at what you can freeze now and serve later. Topics include menu planning, grocery shopping, meat prep techniques to freeze hamburger chicken, packaging meals and proper storage. Students will receive printouts to take home and recipes to make meal prep a breeze. No actual cooking is done in class.

Note: Students are required to purchase the \$12.00 "Cook Once" manual from instructor the day of class.

1389-CS16A Jul 18 Mon 1:00pm - 3:00pm Cohn 119 Bergren

Slow Cooker Tips & Recipes

Join local slow-cooking expert, Beth Bergren, as she shares unique ways to prepare meats, entrees, sides and desserts using a slow cooker. Make meal prep easier for each season of the year. Save time, money and make mealtimes enjoyable! No actual cooking done in class.

Note: Students are required to purchase the \$10.00 "Slow Cooker Heaven" manual/recipe cook-booklet from instructor the day of class.

1382-CS16A Aug 1 Mon 9:30am - 11:30am Cohn 119 Bergren

Fermentation for Your Health

Join Jennifer to learn the basics of making and sustaining a kitchen full of love foods! A key component of digestive health and a joyful experience with food preparation can be cultivated through the creation of your own kitchen medicine cabinet beginning with The Trilogy: Kombucha, Kefir and Fermented Vegetables! These foods are not only delicious but they have been shown to profoundly aid issues of digestive unease, healthy weight loss and maintenance, safe detoxification and allergies. In this workshop we will review the benefits of these super-foods, make our own fermented vegetables, and review easy and delicious recipes for kombucha and kefir.

Note: Students are required to bring a cutting board, chopping knives, and a mixing bowl. Students are also required to pay a \$10 supply fee to instructor.

1513-CS16A Jul 13 Wed 6:00pm - 8:30pm Cohn 119 Campbell-Overbeeke

Basic Computer Maintenance

Has your computer been getting slow lately? Not sure how to keep it running and up-to-date? In this class, you will learn to maintain your computer with topics from dusting, updating programs, removing files and optimization. You will also learn how to upgrade computers by adding RAM, hard drives, DVD-drives, and software.

1297-CS16A Jun 1 – Jun 15 Wed 6:00pm - 7:30pm Cohn 109 Austin III

Digital Books

Discover how to find and read library books in their various formats along with digital magazines. Gain hands-on experience downloading and reading on the Apple iPad! Seating is limited, register early!

Note: This class requires a library card and PIN. iPads will be provided.

1376-CS16A Jul 7 Thu 6:00pm - 7:00pm Cohn 205 L'Eplattenier

Digital Entertainment

Free

Free, Free! Explore free downloadable music and movies brought to you by the Nashville Public Library.

Note: This class requires a library card and PIN. iPads will be provided.

1377-CS16A Jul 14 Thu 6:00pm - 7:00pm Cohn 205 1x L'Eplattenier

Internet Genealogy I

1x

The internet has revolutionized genealogy. People can now trace back generations with a few clicks of the mouse, making searching for your roots more accessible than ever. Learning how to find and navigate through genealogy information can be daunting. This class will teach internet novices how to locate and evaluate the most valuable online information, as well as inspire them to become a part of the constantly growing online genealogy community.

Note: Students are required to bring a flash drive to class.

1214-CS16A Jun 1 – Jun 15 Wed 6:30pm - 8:30pm Cohn 111 Farrow

Internet Genealogy II

Continue to explore the many layers of online genealogy research. Develop stronger skills with free internet databases. The last half hour of every class will be used to discuss individualized questions from students.

Note: Students are required to bring a flash drive to class.

1226-CS16A Jun 22 – Jul 6 Wed 6:30pm - 8:30pm Зх Cohn 111 Farrow

Introduction to Computers

\$40

Still haven't figure out these computer things? This course is designed to introduce you to the basics of computers and Microsoft suite of software. We will look at the general operation of computers and their various components. Then using Microsoft Office, we will explore the basics of word processing, spreadsheets. and presentation software.

Note: This class takes place in a computer lab. Students may bring their own computer but it must contain Microsoft Office Suite 10.

1260-CS16A Jun 1 – Jun 15 Wed 2:00pm - 4:30pm Зх Cohn 111 Austin III

Microsoft Windows 10

\$30

Students will be introduced to the Windows upgrade, Windows 10, and will explore techniques made available with this program. Students should bring their own computers (with Windows 10 already installed) to practice the techniques, although this is not required. Students will purchase a packet that will include tips and cheat sheets to take home for future reference.

Note: Students are required to purchase an informational packet from the instructor for \$10.

1288-CS16A Jul 18 Mon 1:00pm - 3:00pm 1x Cohn 121 Isaac-Herrig 1288-CS16B Aug 1 Mon 9:30am - 11:30am

Cohn 121

15

Isaac-Herrig

technology



Storytelling with Podcasts

\$70

In this class you will learn how to effectively tell your story through a podcast, a form of spoken blog. Instruction will cover creating, sharing and editing content - essentially creative writing for the web! By the end of class students will take home a recording of their own podcast on a furnished USB.

1291-CS16A Jul 12 – Jul 26 Tue 6:00 - 7:30pm

3x Cohn 205 MaGuirk

iPhone Basics

\$25

Do you have an iPhone that you don't know how to use? Get to know the functions and features of Apple's iPhone, including the top ten best apps, constructing passwords and enabling important features like "Find My Phone." There will be some time at the end of class to address individual questions and concerns.

1259-CS16A Jun 7 Tue 11:30am – 1:00pm 1x Cohn 121 MaGuirk

1259-CS16B Jul 7 Thu 6:00pm – 8:00pm

1x Cohn 121 MaGuirk

\$60

Social Media for Business Series

Digital communications can make a large and lasting impression on a market segment and can make penetrating a new segment easier. This series will break down major digital communication platforms so that brands, small business owners and organizations can maximize their efforts on these networks.

Register for all six workshops and save \$30!

1280-CS16A Jun 2 - July 7 Thu 6:00pm - 8:00pm 6x Cohn 111 Tharpe

SMB: Facebook \$15.00

1281-CS16A Jun 2 Thu 6:00pm – 8:00pm

Cohn 111 Tharpe

SMB: Twitter \$15.00

1282-CS16A Jun 9 Thu 6:00pm – 8:00pm

Lx Cohn 111 Tharpe

SMB: Instagram \$15.00

1283-CS16A Jun 16 Thu 6:00pm – 8:00pm

1x Cohn 111 Tharpe

SMB: LinkedIn \$15.00

1284-CS16A Jun 23 Thu 6:00pm – 8:00pm

1x Cohn 111 Tharpe

SMB: eNewsletters \$15.00

1285-CS16A Jun 30 Thu 6:00pm – 8:00pm

1x Cohn 111 Tharpe

SMB: Blogging \$15.00

1286-CS16A Jul 7 Thu 6:00pm – 8:00pm

1x Cohn 111 Tharpe

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May 31				Jun 6			
T-Shirt Quilting	10:00am	\$30	7	Badminton	9:30am	\$40	10
Creative Writing	6:00pm	\$30	4	Oil Painting	9:00am	\$20	
Songwriting: Where to Begin?	6:00pm	\$25	5	Oil Painting	12:00pm	\$20	-
Italian III	6:00pm	\$50	11	Picture Framing	9:00am	\$20	-
Spanish V	6:00pm	\$50	11	Picture Framing	12:00pm	\$20	-
Badminton	6:00pm	\$40	10	Upholstery	6:00pm	\$99	13
Personal Branding for Career Success	7:00pm	\$45	6	Short Stories	6:00pm	\$20	4
				Interviewing Skills: Rock The Red Carpet	6:00pm	\$35	6
Jun 1	0.00	ć 00	-	Recycled Book Art	6:00pm	\$50	7
Ceramics	9:00am	\$20	7	Beginning Running	6:00pm	\$60	10
Introduction to Computers	2:00pm	\$40	15	Beginning Fencing	5:30pm	\$75	10
Public Speaking	6:00pm	\$40	6	Intermediate Fencing	5:30pm	\$40	10
NFM: Seasonal Cooking Pt. 1	6:00pm	\$50	14	Acting for Askers	6:30pm	\$50	6
Self-Care: Cultivating a Morning Ritual	6:00pm	\$65	13				
Basic Computer Maintenance	6:00pm	\$40	15	Jun 7			
Your Total Health Makeover	7:00pm	\$60	10	iPhone Basics	11:30am	\$25	16
Fencing: Advanced	5:30pm	\$40	10	Songwriting: Music, Lyrics, and Tempos	6:00pm	\$25	
Pottery by Hand and Wheel	5:45pm	\$89	7	Digital Entrepreneur	6:00pm	\$50	(
Screenplay Confidential	6:30pm	\$100	4	Oil Painting	6:00pm	\$20	
Internet Genealogy I	6:30pm	\$40	15	Picture Framing	6:00pm	\$20	
Jun 2				Jun 9			
Story Writing	6:00pm	\$30	4	Spanish I	6:00pm	\$50	1.1
Beyond Beginning Sewing	6:00pm	\$40	7	Estate Planning I	6:00pm	Free	12
Italian I	6:00pm	\$50	11	SMB: Twitter	6:00pm	\$15	16
SMB: Facebook	6:00pm	\$15	16				
				Jun 14	6.00	ĊOE	
Jun 3	10.00	ĆOF	7	Songwriting: Co-Writing	6:00pm	\$25	
Beginning Quilting	10:00am	\$25	7	Digital Entrepreneur II	6:00pm	\$50	
				Jun 15			
				Meditation & Aromatherapy	6:00pm	\$30	13
				h 10			
				Jun 16	6.00-	F :	4.
				Estate Planning II	6:00pm	Free	12
				SMB: Instagram	6:00pm	\$15	16

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Jun 21			
Songwriting: Editing Your Lyrics	6:00pm	\$25	5
Voice Over Basics	6:00pm	\$50	ε
Jun 22			
Buyer's Path to Purchasing a Home	6:00pm	\$10	9
Whole Wheat Bread Basics	6:00pm	\$20	14
Internet Genealogy II	6:30pm	\$40	15
Jun 23			
Consumer Bankruptcy	6:00pm	Free	12
SMB: LinkedIn	6:00pm	\$15	16
Jun 27			
Life Reimagined by AARP	1:00pm	Free	13
Jun 28			
Empowerment Seminar	6:00pm	\$35	6
Jun 29			
Basic Floral Design	6:00pm	\$60	13
Copyright Law	6:30pm	Free	12
Jun 30			
Time to Tell: Write Your Family History	7:00pm	\$10	2
SMB: eNewsletters	6:00pm	\$15	16
Jul 5			
Songwriting: Instrumentation	6:00pm	\$25	5
Your Rights with the Police	6:00pm	Free	12
Jul 6			
NFM: Seasonal Cooking Pt. 2	6:00pm	\$50	14
Jul 7	0.00	60-	
Tai Chi	6:00pm	\$35	10
iPhone Basics	6:00pm	\$25	16
Kung Fu & Self-Defense	7:00pm	\$35	10
Digital Books	7:00pm	Free	15
SMB: Blogging	6:00pm	\$15	16

Jul 12			
Storytelling with Podcasts	12:00am	\$70	16
Songwriting: The Music Business	6:00pm	\$25	5
Digital Entrepreneur	6:00pm	\$50	6
Time Management Skills	6:00pm	\$25	6
Jul 13			
Fermentation for Your Health	6:00pm	\$50	14
Six Steps to Managing Your Money	7:00pm	\$20	9
Jul 14			
Meditation & Aromatherapy	6:00pm	\$30	13
Digital Entertainment	6:00pm	Free	15
Emotional Intelligence: A Better You	6:00pm	\$10	13
Jul 18			
Cook Once & Eat all Week	1:00pm	\$20	14
Microsoft Windows 10	1:00pm	\$30	15
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Jul 19			
74. 20			
Songwriting: The Art of Performing	6:00pm	\$25	5
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Songwriting: The Art of Performing	•	· ·	
Songwriting: The Art of Performing Digital Entrepreneur II	•	· ·	
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21	6:00pm	\$50	6
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing	6:00pm	\$50	6
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25	6:00pm 6:00pm 6:30pm	\$50 Free \$45	12
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story	6:00pm 6:30pm 6:00pm	\$50 Free \$45	12 4 8
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25	6:00pm 6:00pm 6:30pm	\$50 Free \$45	12
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story	6:00pm 6:30pm 6:00pm	\$50 Free \$45	12 4 8
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home	6:00pm 6:30pm 6:00pm	\$50 Free \$45	12 4 8
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home Jul 26	6:00pm 6:00pm 6:30pm 6:00pm	\$50 Free \$45 \$15 \$10	6 12 4 8 9
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home Jul 26 Songwriting: NCE Writer's Night	6:00pm 6:00pm 6:30pm 6:00pm	\$50 Free \$45 \$15 \$10	6 12 4 8 9
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home Jul 26 Songwriting: NCE Writer's Night	6:00pm 6:00pm 6:00pm 6:00pm	\$50 Free \$45 \$15 \$10	6 12 4 8 9
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home Jul 26 Songwriting: NCE Writer's Night Jul 27 Your Rights with the Police Life Reimagined by AARP	6:00pm 6:00pm 6:00pm 6:00pm	\$50 Free \$45 \$15 \$10	6 12 4 8 9
Songwriting: The Art of Performing Digital Entrepreneur II Jul 21 Consumer Bankruptcy Online Self-Publishing Jul 25 Use Photos to Tell Your Story Buyer's Path to Purchasing a Home Jul 26 Songwriting: NCE Writer's Night Jul 27 Your Rights with the Police	6:00pm 6:00pm 6:00pm 6:00pm	\$50 Free \$45 \$15 \$10	6 12 4 8 9

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Aug 1						
Slow Cooker Tips & Recipes	9:30am	\$20	14			
Microsoft Windows 10	9:30am	\$30	15			
Aug 3						
NFM: Seasonal Cooking Pt. 3	6:00pm	\$50	14			
Aug 4						
Life Reimagined by AARP	6:00pm	Free	13			



Teach with NCE

Share your skills and passion with the Nashville community! To find out more about becoming an instructor email:

Imelda Alamilla, Program Coordinator imelda.alamilla@nashville.gov

Or visit our website and complete a proposal form:

nashville.gov/ce, under the "Teach" tab

information

Register early! Classes that do not meet the minimum enrollment 48 hours prior to the start of class will be canceled.

All classes require a registration — regardless of fee.

It is important that NCE has the correct contact information for all students. Our primary mode of communication is email. Please check your email for class confirmation, cancellations, schedule changes, and other important information.

how to register:

online at www.nashville.gov/ce

NEW STUDENTS: To register online, new students must create a secure personal account by following the directions. Don't forget your login and password! After that, login whenever you wish to register for a class online.

RETURNING STUDENTS: If you registered online last semester, login to your account. If you have taken a class before, but are not registered online, an online login has been created for you. Click "forgot password" on the login page to get started.

- · You may browse without creating an account.
- Only payment by credit card is accepted online. All credit card transactions include an additional 2.3% processing fee.
- If you have trouble registering online, call (615) 298-8050.

in person

You may register only at the NCE Main Office, located at The Cohn School, 4805 Park Ave, Suite 123, Nashville. The office is open Mon-Thurs, 10am-6pm.

You may pay with cash, check, money order, or credit card. All credit card transactions include a 2.3% processing fee.

by mail

Mail registration form with check or credit card information to:

Nashville Community Education 4805 Park Ave, Suite 123 Nashville, TN 37209

Please provide an email address on the registration form.

After your payment is processed, we will email your confirmation.

DO NOT mail registration forms to our satellite location.

Registration opens on

Monday, May 2

and stays open all session!

student withdrawal: Students must withdraw from a class no less than 3 days before the first class meeting.

refund policy: A refund is issued if a class is canceled by Nashville Community Education, or if a student withdraws from class a minimum of 3 days prior to the first class.

If you paid by cash, check, or money order: Our refund process requires that students who paid by cash, check, or money order complete a refund form. After this refund form has been returned to staff, students should expect a check in the mail from Metro Government of Nashville and Davidson County within three to four weeks.

If you paid by credit card: Our refund process requires that students who pay by credit card complete a refund form. After this form has been returned to staff, credit card refunds can be processed immediately, and should be reflected in the student's credit card balance within 2-3 days after staff process the refund. Students receive the 2.3% convenience fee in their refund.

Class credit option: Students can elect to receive a class credit instead of a refund for a class cancellation or student withdrawal. Credits must be used within the same fiscal year (July 1 - June 30). Credits not used by June 30 will be forfeited.

class cancelations / inclement weather

NCE will cancel all classes that do not meet the minimum enrollment 48 hours prior to the start of class.

Please check your email for notification of any class cancellation or for scheduling information.

NCE does not hold classes when Metro Nashville Public Schools (MNPS) are closed for school breaks or due to inclement weather. We attempt to reschedule classes, but cannot guarantee that classes will be made up.

- Nashville Community Education is an adult program.
- Children cannot accompany students to classes.
- NCE does not provide childcare during class time.

NASHVILLE COMMUNITY EDUCATION

main office:

The Cohn School 4805 Park Ave, Suite 123 Nashville, TN 37209

satellite location:

Wright Middle School 180 McCall St Nashville, TN 37211 office hours: Monday-Thursday 10am-6pm cecinfo@nashville.gov (615) 298-8050 | nashville.gov/ce

registration

Nashville Community Education phone: 615-298-8050 | fax: 615-298-8455 email: cecinfo@nashville.gov

See opposite page for registration and location information.

student information			
Full Name		Email	
Address		Phone	
City		Zip	
class information			
Course Name		Class ID	Fee
Date/Time		Location: Cohn	Wright
Course Name		Day & Time	
	Fee	Location: Cohn	Wright
		Day & Time	
Class ID	Fee	Location: Cohn	Wright
payment information	n		
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Card No			
CVV Code	Exp Date	*NOTE: All o transaction an addition	ns will include
Signature			g fee charge.
start of the course. • I under by the Metropolitan Govern injuries or accidents occur a	FROM LIABILITY: • I understand that refurstand and grant permission for my image to the ment of Nashville and Nashville Communities a result of my or my child's participation Community Education, or Metropolitan Nashville	o be used in photographs, videos, webs ty Education. • I recognize that this a in this activity, I will not hold the Metrop	ites, and/or publications authorize ctivity of NCE is at my own risk. politan Government of Nashville an
Signature		Da	te
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Check No.	Receipt No	Semester	Mail Fax In-Person

events

events

Creative Writing:
Release + Performance
July 30, 6:00 - 7:30pm
Donelson StationFiftyForward



Join us for the release of our second compilation of works by former and current Creative Writing students. Books will be available for purchase and refreshments will be provided.

In addition to the book release and signing there will be a performance of "The Perfect First Date," a play written by Creative Writing students, Lisel Stephens and Jillian Richardson.

Fifty Forward

108 Donelson Pike Nashville, TN 37214

Annual Open House Saturday, August 6 10:00 a.m. - 1:00 p.m. Cohn School Location

Join us for our Open House; a chance for you to meet your instructors, learn more about our program, and register early for Fall classes! Refreshments and lunch will be provided.







Nashville Community Education 4805 Park Ave, Suite 123 Nashville, TN 37209









PRSRT STD **US POSTAGE** PAID NASHVILLE, TN PERMIT NO. 259

Registration opens May 2

and is ongoing through the session.

Annual Open House

August 6, 10am-1pm

Register early for Fall 2016 classes!





615.298.8050 | nashville.gov/ce